

Voorjaarscriterium: Session: 1: COACH evaluation sheet for TEAM: ZN

Coachinfo: Warming up from: 13:00 untill 13:55. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Dekker Tamiko HEADCOACH

Coaches: Neiryndck Jan

Coaches: Van Dooren Glenn

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 1: 100M FREESTYLE MIXED 10-9					Heat:2, starttime: 14:02
Heat: 2/3 Lane : 3 Athlete: DE VIJLDER RIKKE					Q-time: 01:29:85
PB (25m pool): 01:29.85 Sint-Niklaas 11/01/2026					PB (50m pool): no time SB: 01:29.85 Sint-Niklaas 11/01/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:42.49		01:29.85	
	00:42.49		00:47.36		
					

Coach feedback:

Event number: 1: 100M FREESTYLE MIXED 10-9					Heat:3, starttime: 14:04
Heat: 3/3 Lane : 4 Athlete: GISCA KOSTYA					Q-time: 01:20:94
PB (25m pool): 01:20.94 Nijlen 01/03/2026					PB (50m pool): no time SB: 01:20.94 Nijlen 01/03/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:37.91		01:20.94	
	00:37.91		00:43.03		
					

Coach feedback:

Event number: 2: 100M FREESTYLE WOMEN 11+					Heat:1, starttime: 14:06
Heat: 1/6 Lane : 2 Athlete: MOERNAUT AMELIA					Q-time: 99:99:99
PB (25m pool): no time					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Voorjaarscriterium: Session: 1: COACH evaluation sheet for TEAM: ZN

Event number: 2: 100M FREESTYLE WOMEN 11+					Heat:1, starttime: 14:06	
Heat: 1/6 Lane : 4 Athlete: VAN REGEMORTER ILOUKA					Q-time: 01:34:43	
PB (25m pool): 01:34.43 Stedelijk Zwembad Geel 15/02/2026 PB (50m pool): 01:39.21 SB: 01:34.43 Stedelijk Zwembad Geel 15/02/2026						
	2 5 M	5 0 M	7 5 M	1 0 0 M		
PB		00:44.05		01:34.43		
	00:44.05		00:50.38			
						

Coach feedback:

Event number: 2: 100M FREESTYLE WOMEN 11+					Heat:3, starttime: 14:10	
Heat: 3/6 Lane : 5 Athlete: CLAES SIEN					Q-time: 01:18:88	
PB (25m pool): 01:20.20 Stedelijk Zwembad Geel 15/02/2026 PB (50m pool): 01:18.88 SB: 01:20.20 Stedelijk Zwembad Geel 15/02/2026						
	2 5 M	5 0 M	7 5 M	1 0 0 M		
PB		00:37.93		01:20.20		
	00:37.93		00:42.27			
						

Coach feedback:

Event number: 2: 100M FREESTYLE WOMEN 11+						Heat:4, starttime: 14:12	
Heat: 4/6 Lane : 4 Athlete: CROONEN LIZE						Q-time: 01:10:60	
PB (25m pool): 01:10.60 Aarschot 26/04/2026						PB (50m pool): 01:13.77 SB: 01:10.60 Aarschot 26/04/2026	
	2 5 M	5 0 M	7 5 M	1 0 0 M			
PB		00:33.90		01:10.60			
	00:33.90		00:36.70				
							

Coach feedback:

Event number: 2: 100M FREESTYLE WOMEN 11+					Heat:5, starttime: 14:13	
Heat: 5/6 Lane : 1 Athlete: NEUVILLE AXELLE				Q-time: 01:08:93		
PB (25m pool): no time					PB (50m pool): no time SB: no time	
	2 5 M	5 0 M	7 5 M	1 0 0 M		
PB		no time		no time		
	no time					
						

Coach feedback:

Voorjaarscriterium: Session: 1: COACH evaluation sheet for TEAM: ZN

Event number: 2: 100M FREESTYLE WOMEN 11+					Heat:5, starttime: 14:13
Heat: 5/6 Lane : 4 Athlete: VERMAELEN MIYA					Q-time: 01:07:95
PB (25m pool): 01:08.55 Stedelijk Zwembad Geel 15/02/2026 PB (50m pool): 01:07.95 SB: 01:08.55 Stedelijk Zwembad Geel 15/02/2026					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:32.80		01:08.55	
	00:32.80		00:35.75		
					

Coach feedback:

Event number: 2: 100M FREESTYLE WOMEN 11+					Heat:6, starttime: 14:15
Heat: 6/6 Lane : 1 Athlete: CLAES JADE					Q-time: 01:05:63
PB (25m pool): 01:05.63 Stedelijk Zwembad Geel 15/02/2026 PB (50m pool): 01:06.96 SB: 01:05.63 Stedelijk Zwembad Geel 15/02/2026					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:31.84		01:05.63	
	00:31.84		00:33.79		
					

Coach feedback:

Event number: 3: 200M FREESTYLE MEN 11+					Heat:3, starttime: 14:23			
Heat: 3/5 Lane : 4 Athlete: GISCA DANIIL					Q-time: 02:34:97			
PB (25m pool): 02:34.97 Nijlen 01/03/2026 PB (50m pool): 02:36.67 SB: 02:34.97 Nijlen 01/03/2026								
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:34.28		01:14.16		no time		02:34.97
	00:34.28		00:39.88					
								

Coach feedback:

Event number: 3: 200M FREESTYLE MEN 11+					Heat:4, starttime: 14:27			
Heat: 4/5 Lane : 3 Athlete: KEKEC SAMIR					Q-time: 02:08:67			
PB (25m pool): 02:08.67 Nijlen 01/03/2026 PB (50m pool): 02:14.56 SB: 02:08.67 Nijlen 01/03/2026								
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:29.66		01:02.09		no time		02:08.67
	00:29.66		00:32.43					
								

Coach feedback:

Voorjaarscriterium: Session: 1: COACH evaluation sheet for TEAM: ZN

Event number: 3: 200M FREESTYLE MEN 11+							Heat:5, starttime: 14:30	
Heat: 5/5 Lane : 1 Athlete: VAN DOOREN WARRE							Q-time: 02:06:10	
PB (25m pool): 02:06.10 Nijlen 01/03/2026				PB (50m pool): 02:13.95SB: 02:06.10 Nijlen 01/03/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:28.63		01:00.43		no time		02:06.10
	00:28.63		00:31.80					
								

Coach feedback:

Event number: 4: 100M BUTTERFLY WOMEN 11+						Heat:1, starttime: 14:32	
Heat: 1/3 Lane : 2 Athlete: LAUREYSENS JUTTA					Q-time: 99:99:99		
PB (25m pool): no time			PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M			
PB		no time		no time			
	no time						
							

Coach feedback:

Event number: 4: 100M BUTTERFLY WOMEN 11+					Heat:1, starttime: 14:32	
Heat: 1/3 Lane : 4 Athlete: VAN CAUWENBERGE NORAH					Q-time: 01:41:47	
PB (25m pool): 01:41.47 TEMSE 23/11/2025			PB (50m pool): no time SB: 01:41.47 TEMSE 23/11/2025			
	2 5 M	5 0 M	7 5 M	1 0 0 M		
PB		00:46.10		01:41.47		
	00:46.10		00:55.37			
						

Coach feedback:

Event number: 4: 100M BUTTERFLY WOMEN 11+					Heat:2, starttime: 14:34	
Heat: 2/3 Lane : 5 Athlete: GEELEN GUUSJE					Q-time: 01:29:09	
PB (25m pool): 01:36.09 Heist Op Den Berg 11/01/2025					PB (50m pool): 01:29.09SB: 01:37.65 TEMSE 23/11/2025	
	2 5 M	5 0 M	7 5 M	1 0 0 M		
PB		00:42.50		01:36.09		
	00:42.50		00:53.59			
						

Coach feedback:

Voorjaarscriterium: Session: 1: COACH evaluation sheet for TEAM: ZN

Event number: 4: 100M BUTTERFLY WOMEN 11+					Heat:3, starttime: 14:36
Heat: 3/3 Lane : 1 Athlete: BASSTANIE LIENE					Q-time: 01:17:52
PB (25m pool): 01:18.30 Mol 28/12/2025			PB (50m pool): 01:25.49 SB: 01:18.30 Mol 28/12/2025		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:34.97		01:18.30	
	00:34.97		00:43.33		
					

Coach feedback:

Event number: 5: 200M BUTTERFLY MEN 11+							Heat:2, starttime: 14:41	
Heat: 2/2 Lane : 2 Athlete: VERDONCK STAN							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 6: 200M BACKSTROKE WOMEN 11+							Heat:2, starttime: 14:49	
Heat: 2/3 Lane : 3 Athlete: CLAES JADE							Q-time: 02:49:39	
PB (25m pool): 02:49.39 Mol 28/12/2025				PB (50m pool): 02:56.67 SB: 02:49.39 Mol 28/12/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:39.42		01:23.08		02:07.34		02:49.39
	00:39.42		00:43.66		00:44.26		00:42.05	
								

Coach feedback:

Event number: 6: 200M BACKSTROKE WOMEN 11+							Heat:3, starttime: 14:52	
Heat: 3/3 Lane : 5 Athlete: VAN BUGGENHOUT ISHANA							Q-time: 02:48:17	
PB (25m pool): 02:48.17 Aarschot 26/04/2026				PB (50m pool): no time SB: 02:48.17 Aarschot 26/04/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:39.73		01:21.43		02:05.24		02:48.17
	00:39.73		00:41.70		00:43.81		00:42.93	
								

Coach feedback:

Voorjaarscriterium: Session: 1: COACH evaluation sheet for TEAM: ZN

Event number: 7: 100M BACKSTROKE MEN 11+					Heat:2, starttime: 14:58
Heat: 2/3 Lane : 3 Athlete: VAN DOOREN WITSE					Q-time: 01:24:92
PB (25m pool): 01:25.49 Sint-Niklaas 11/01/2026					PB (50m pool): 01:24.92 SB: 01:25.49 Sint-Niklaas 11/01/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:39.21		01:25.49	
	00:39.21		00:46.28		
					

Coach feedback:

Event number: 7: 100M BACKSTROKE MEN 11+					Heat:2, starttime: 14:58
Heat: 2/3 Lane : 5 Athlete: LENAERTS RUBEN					Q-time: 01:30:92
PB (25m pool): 01:32.26 Nijlen 01/03/2026					PB (50m pool): 01:30.92 SB: 01:32.26 Nijlen 01/03/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:44.86		01:32.26	
	00:44.86		00:47.40		
					

Coach feedback:

Event number: 8: 100M BREASTSTROKE WOMEN 11+					Heat:1, starttime: 15:02
Heat: 1/3 Lane : 2 Athlete: MOERNAUT AMELIA					Q-time: 99:99:99
PB (25m pool): no time					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 8: 100M BREASTSTROKE WOMEN 11+					Heat:1, starttime: 15:02
Heat: 1/3 Lane : 3 Athlete: NEUVILLE ALIZÉE					Q-time: 01:37:25
PB (25m pool): no time					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Voorjaarscriterium: Session: 1: COACH evaluation sheet for TEAM: ZN

Event number: 8: 100M BREASTSTROKE WOMEN 11+					Heat:1, starttime: 15:02
Heat: 1/3 Lane : 4 Athlete: VAN REGEMORTER ILOUKA					Q-time: 02:03:62
PB (25m pool): 02:06.13 Sint-Niklaas 11/01/2026					PB (50m pool): 02:03.62 SB: 02:06.13 Sint-Niklaas 11/01/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:59.86		02:06.13	
	00:59.86		01:06.27		
					

Coach feedback:

Event number: 8: 100M BREASTSTROKE WOMEN 11+					Heat:2, starttime: 15:04
Heat: 2/3 Lane : 4 Athlete: LAUREYSENS JUTTA					Q-time: 01:33:15
PB (25m pool): 01:35.55 Temse 17/11/2025					PB (50m pool): 01:33.15 SB: 01:35.55 Temse 17/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:45.14		01:35.55	
	00:45.14		00:50.41		
					

Coach feedback:

Event number: 8: 100M BREASTSTROKE WOMEN 11+					Heat:2, starttime: 15:04
Heat: 2/3 Lane : 5 Athlete: CLAES SIEN					Q-time: 01:37:20
PB (25m pool): 01:37.20 Nijlen 01/03/2026					PB (50m pool): 01:40.66 SB: 01:37.20 Nijlen 01/03/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:45.54		01:37.20	
	00:45.54		00:51.66		
					

Coach feedback:

Event number: 8: 100M BREASTSTROKE WOMEN 11+					Heat:3, starttime: 15:06
Heat: 3/3 Lane : 1 Athlete: CROONEN LIZE					Q-time: 01:29:76
PB (25m pool): 01:29.76 Aarschot 26/04/2026					PB (50m pool): 01:34.47 SB: 01:29.76 Aarschot 26/04/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:43.11		01:29.76	
	00:43.11		00:46.65		
					

Coach feedback:

Voorjaarscriterium: Session: 1: COACH evaluation sheet for TEAM: ZN

Event number: 8: 100M BREASTSTROKE WOMEN 11+					Heat:3, starttime: 15:06
Heat: 3/3 Lane : 2 Athlete: BASSTANIE LIENE					Q-time: 01:22:88
PB (25m pool): 01:22.88 Temse 17/11/2025			PB (50m pool): 01:26.30 SB: 01:22.88 Temse 17/11/2025		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:39.20		01:22.88	
	00:39.20		00:43.68		
					

Coach feedback:

Event number: 10: 100M BREASTSTROKE MIXED 10-9					Heat:1, starttime: 15:12
Heat: 1/3 Lane : 2 Athlete: GISCA KOSTYA					Q-time: 99:99:99
PB (25m pool): no time			PB (50m pool): no time SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 10: 100M BREASTSTROKE MIXED 10-9					Heat:3, starttime: 15:17
Heat: 3/3 Lane : 4 Athlete: DE VIJLDER RIKKE					Q-time: 01:52:51
PB (25m pool): 01:52.51 Aarschot 26/04/2026			PB (50m pool): 01:53.66 SB: 01:52.51 Aarschot 26/04/2026		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:53.70		01:52.51	
	00:53.70		00:58.81		
					

Coach feedback:

Event number: 11: 200M FREESTYLE WOMEN 11+							Heat:2, starttime: 15:23	
Heat: 2/3 Lane : 4 Athlete: NEUVILLE AXELLE							Q-time: 02:32:42	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Voorjaarscriterium: Session: 1: COACH evaluation sheet for TEAM: ZN

Event number: 11: 200M FREESTYLE WOMEN 11+							Heat:3, starttime: 15:26	
Heat: 3/3 Lane : 1 Athlete: VERMAELEN MIYA							Q-time: 02:27:29	
PB (25m pool): 02:27.29 Nijlen 01/03/2026				PB (50m pool): 02:37.88SB: 02:27.29 Nijlen 01/03/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:34.00		01:10.32		no time		02:27.29
	00:34.00		00:36.32					
								

Coach feedback:

Event number: 12: 100M FREESTYLE MEN 11+							Heat:1, starttime: 15:29	
Heat: 1/4 Lane : 4 Athlete: VAN DOOREN WITSE							Q-time: 01:12:06	
PB (25m pool): 01:12.06 Aarschot 26/04/2026				PB (50m pool): 01:13.94SB: 01:12.06 Aarschot 26/04/2026				
	2 5 M	5 0 M	7 5 M	1 0 0 M				
PB		00:33.82		01:12.06				
	00:33.82		00:38.24					
								

Coach feedback:

Event number: 12: 100M FREESTYLE MEN 11+					Heat:2, starttime: 15:31	
Heat: 2/4 Lane : 4 Athlete: GISCA DANIIL					Q-time: 01:05:89	
PB (25m pool): 01:05.89 Aarschot 26/04/2026			PB (50m pool): 01:09.32SB: 01:05.89 Aarschot 26/04/2026			
	2 5 M	5 0 M	7 5 M	1 0 0 M		
PB		00:31.83		01:05.89		
	00:31.83		00:34.06			
						

Coach feedback:

Event number: 12: 100M FREESTYLE MEN 11+							Heat:3, starttime: 15:32	
Heat: 3/4 Lane : 1 Athlete: VERDONCK STAN							Q-time: 01:04:07	
PB (25m pool): 01:04.18 Temse 17/11/2025				PB (50m pool): 01:04.07SB: 01:04.18 Temse 17/11/2025				
	2 5 M	5 0 M	7 5 M	1 0 0 M				
PB		00:30.81		01:04.18				
	00:30.81		00:33.37					
								

Coach feedback:

Voorjaarscriterium: Session: 1: COACH evaluation sheet for TEAM: ZN

Event number: 12: 100M FREESTYLE MEN 11+					Heat:3, starttime: 15:32	
Heat: 3/4 Lane : 2 Athlete: KEKEC SAMIR					Q-time: 00:58:31	
PB (25m pool): 00:58.31 Stedelijk Zwembad Geel 15/02/2026 PB (50m pool): 01:00.25 SB: 00:58.31 Stedelijk Zwembad Geel 15/02/2026						
	2 5 M	5 0 M	7 5 M	1 0 0 M		
PB		00:28.05		00:58.31		
	00:28.05		00:30.26			
						

Coach feedback:

Event number: 14: 100M BUTTERFLY MEN 11+					Heat:1, starttime: 15:50
Heat: 1/2 Lane : 3 Athlete: SEYMUS AXEL				Q-time: 01:11:12	
PB (25m pool): no time					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 15: 100M BACKSTROKE WOMEN 11+					Heat:1, starttime: 15:53
Heat: 1/4 Lane : 2 Athlete: VAN REGEMORTER ILOUKA				Q-time: 01:46:75	
PB (25m pool): 01:46.75 Mol 28/12/2025					PB (50m pool): 01:51.73 SB: 01:46.75 Mol 28/12/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:50.98		01:46.75	
	00:50.98		00:55.77		
					

Coach feedback:

Event number: 15: 100M BACKSTROKE WOMEN 11+					Heat:2, starttime: 15:56
Heat: 2/4 Lane : 3 Athlete: VAN CAUWENBERGE NORAH					Q-time: 01:28:00
PB (25m pool): 01:28.00 Nijlen 16/11/2025					PB (50m pool): 01:25.70 SB: 01:28.00 Nijlen 16/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:42.76		01:28.00	
	00:42.76		00:45.24		
					

Coach feedback:

Voorjaarscriterium: Session: 1: COACH evaluation sheet for TEAM: ZN

Event number: 15: 100M BACKSTROKE WOMEN 11+					Heat:3, starttime: 15:58
Heat: 3/4 Lane : 1 Athlete: GEELEN GUUSJE					Q-time: 01:26:39
PB (25m pool): 01:44.58 Heist Op Den Berg 13/01/2024 PB (50m pool): 01:26.39 SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:44.58	
	no time				
					

Coach feedback:

Event number: 15: 100M BACKSTROKE WOMEN 11+					Heat:3, starttime: 15:58
Heat: 3/4 Lane : 3 Athlete: CLAES JADE					Q-time: 01:17:52
PB (25m pool): 01:17.52 Stedelijk Zwembad Geel 15/02/2026 PB (50m pool): 01:17.74 SB: 01:17.52 Stedelijk Zwembad Geel 15/02/2026					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:38.22		01:17.52	
	00:38.22 00:39.30				
					

Coach feedback:

Event number: 15: 100M BACKSTROKE WOMEN 11+					Heat:3, starttime: 15:58
Heat: 3/4 Lane : 5 Athlete: NEUVILLE AXELLE					Q-time: 01:25:59
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 16: 200M BACKSTROKE MEN 11+							Heat:3, starttime: 16:09	
Heat: 3/3 Lane : 5 Athlete: VAN DOOREN WARRE							Q-time: 02:17:91	
PB (25m pool): 02:17.91 TEMSE 23/11/2025				PB (50m pool): 02:23.22 SB: 02:17.91 TEMSE 23/11/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:31.68		01:06.87		01:42.93		02:17.91
	00:31.68		00:35.19		00:36.06		00:34.98	
								

Coach feedback:

Voorjaarscriterium: Session: 1: COACH evaluation sheet for TEAM: ZN

Event number: 17: 200M BREASTSTROKE WOMEN 11+							Heat:1, starttime: 16:11	
Heat: 1/1 Lane : 5 Athlete: CROONEN LIZE							Q-time: 03:13:92	
PB (25m pool): 03:13.92 TEMSE 23/11/2025				PB (50m pool): no time SB: 03:13.92 TEMSE 23/11/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:44.58		01:34.81		02:24.04		03:13.92
	00:44.58		00:50.23		00:49.23		00:49.88	
								

Coach feedback:

Event number: 18: 100M BREASTSTROKE MEN 11+					Heat:2, starttime: 16:17
Heat: 2/2 Lane : 2 Athlete: VERDONCK STAN				Q-time: 01:17:48	
PB (25m pool): 01:17.48 Stedelijk Zwembad Geel 15/02/2026 PB (50m pool): 01:19.24 SB: 01:17.48 Stedelijk Zwembad Geel 15/02/2026					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:36.59		01:17.48	
	00:36.59		00:40.89		
					

Coach feedback:

Event number: 19: 200M MEDLEY WOMEN 11+							Heat:3, starttime: 16:27	
Heat: 3/5 Lane : 4 Athlete: CLAES SIEN							Q-time: 03:10:67	
PB (25m pool): 03:10.67 Lier 04/04/2026			PB (50m pool): no time SB: 03:10.67 Lier 04/04/2026					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:46.18		no time		no time		03:10.67
	00:46.18							
								

Coach feedback:

Event number: 19: 200M MEDLEY WOMEN 11+							Heat:4, starttime: 16:31	
Heat: 4/5 Lane : 2 Athlete: GEELEN GUUSJE							Q-time: 02:55:23	
PB (25m pool): 03:08.42 3500 Hasselt 24/11/2024				PB (50m pool): 02:55.23 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:41.74		01:30.03		02:24.64		03:08.42
	00:41.74		00:48.29		00:54.61		00:43.78	
								

Coach feedback:

Voorjaarscriterium: Session: 1: COACH evaluation sheet for TEAM: ZN

Event number: 19: 200M MEDLEY WOMEN 11+							Heat:4, starttime: 16:31	
Heat: 4/5 Lane : 4 Athlete: VAN BUGGENHOUT ISHANA							Q-time: 02:53:50	
PB (25m pool): 02:53.50 Arendonk 30/11/2025				PB (50m pool): 03:03.85 SB: 02:53.50 Arendonk 30/11/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:39.84		no time		no time		02:53.50
	00:39.84							
								

Coach feedback:

Event number: 20: 200M MEDLEY MEN 11+							Heat:1, starttime: 16:37	
Heat: 1/5 Lane : 4 Athlete: LENAERTS RUBEN							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): 03:24.39SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 20: 200M MEDLEY MEN 11+							Heat:3, starttime: 16:45	
Heat: 3/5 Lane : 4 Athlete: CAMBRé ARTHUR							Q-time: 02:58:46	
PB (25m pool): 02:58.46 Aarschot 26/04/2026				PB (50m pool): 03:02.38SB: 02:58.46 Aarschot 26/04/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:39.27		01:26.10		02:18.27		02:58.46
	00:39.27		00:46.83		00:52.17		00:40.19	
								

Coach feedback:

Event number: 21: 400M FREESTYLE WOMEN 11+							Heat:2, starttime: 17:02	
Heat: 2/3 Lane : 2 Athlete: NEUVILLE ALIZÉE							Q-time: 05:38:23	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		no time
								

Voorjaarscriterium: Session: 1: COACH evaluation sheet for TEAM: ZN

Event number: 21: 400M FREESTYLE WOMEN 11+							Heat:3, starttime: 17:09	
Heat: 3/3 Lane : 4 Athlete: VERMAELEN MIYA							Q-time: 05:07:97	
PB (25m pool): 05:07.97 Lier 04/04/2026				PB (50m pool): 05:38.21SB: 05:07.97 Lier 04/04/2026				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		01:14.09		no time		02:33.59
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		05:07.97
								

Coach feedback:

Event number: 22: 400M FREESTYLE MEN 11+							Heat:3, starttime: 17:29	
Heat: 3/4 Lane : 4 Athlete: SEYMUS AXEL							Q-time: 05:37:31	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		no time
								

Coach feedback: